

Original Research Article

THE CLINICAL SIGNIFICANCE OF A MORPHOMETRIC AND MORPHOLOGICAL INVESTIGATION OF THE MENTAL FORAMEN IN THE ADULT HUMAN MANDIBLE

Atoofa Jaleel¹, Omer Saleem Ahmed²

¹Associate Professor, Department of Anatomy, Dr. VRK Women's Medical College and Research Centre, Aziznagar, Telangana, India. ²Student 2 Year MBBS, Bangalore Medical College and Research Institute, Bengaluru, Karnataka, India.

 Received
 : 05/11/2024

 Received in revised form : 16/12/2024

 Accepted
 : 31/12/2024

Corresponding Author:

Dr. Atoofa Jaleel, Associate Professor, Department of Anatomy, Dr. VRK Women's Medical College and Research Centre, Aziznagar, Telangana, India. Email: atoofa.hsko@gmail.com

DOI: 10.70034/ijmedph.2025.1.11

Source of Support: Nil, Conflict of Interest: None declared

Int J Med Pub Health 2025; 15 (1); 61-64

ABSTRACT

Background: It is important to know where the Mental Foramen is and how its shape changes because that helps doctors find the important oral neurovascular bundle that runs through it. The goal is to look at the mental foramen in dried human mandibles using morphometric and morphological methods.

Material and Methods: For this investigation, 60 dried adult human mandibles of an unknown sex with entire teeth and undamaged alveolar boundaries were acquired from the Department of Anatomy, Dr. VRK Women's Medical College and Research Centre, Aziznagar, Telangana, India. This study was conducted between September 2023 to August 2024. The MF that was witnessed had an oval or spherical shape.

Results: During our study, the skull foramen's position and shape mostly stayed the same. The average distance between a group's symphysis menti and skull foramen is very important for therapy. Because there aren't any clear physical clues, it's usually hard to find the mental foramen. In a professional setting, the skull foramen is located near the lower teeth because it can't be seen or felt. Clinically, there are times when patients don't have any reference teeth or their teeth are in the wrong place, which makes it impossible to find the skull foramen in its normal place.

Conclusion: This study gives us important new information about how the skull foramen looks in people of different races and demographics. This work will help dental surgeons a lot by giving them accurate measurements of anatomical landmarks that are useful for therapy.

Key Words: Human mandible, mental foramen, morphometric.

INTRODUCTION

Dental practitioners who perform peri-apical surgery in the mandibular skull region should pay close attention to the Skull Foramen (MF), which is an essential anatomical feature. Surgery, local anesthetic, and other invasive therapies are all made easier with its assistance. The foramen through which mental nerve and blood vessels traverse is known as mental foramen.^[1-3] Either beneath the second premolar or in the space between the premolar teeth lies this structure. As it travels through the mandibular canal, the inferior alveolar nerve and its blood vessels eventually arrive to the skull foramen, which is located in the jaw.^[2-4] Two distinct canals, the incisive canal and the skull canal, are formed when the mandibular canal divides into two distinct canals at this point. The skull bundle is responsible for delivering nerves and blood to the soft tissues of the chin, lower lip, and gingiva on the same side of the mouth. This is accomplished through the skull foramen connection. An inferior alveolar block is not required in order to numb the front teeth, such as the canines and premolars, because a numbing solution can be injected near to the skull foramen. This allows for the front teeth to be numbed.^[3-5]

Although it is referred to as a skull injection or a mental nerve block, the purpose of the shot is to have an effect on the nerves that are located in that region, specifically the inferior alveolar and incisive nerves. It is essential to locate the primary mandibular neurovascular bundle that passes through the MF. This can be accomplished by examining the location of the MF as well as the manner in which it has altered its shape [4-6]. Using morphometric analysis to investigate how the MF interacts with the lower teeth, the mandibular body, and the back border of the ramus, the purpose of this study was to investigate how the MF changes shape and position during the course of the study. When it comes to highly invasive procedures in the oral and maxillofacial regions, such as surgical procedures, diagnostic procedures, and local anesthetic, the skull foramen is a very significant landmark.^[5-7] If dental professionals are aware of the locations of the accessory foramen and the skull foramen, they will be better able to prevent accidents during periapical surgery and administer complete anesthesia. It is a significant instrument in the field of investigative odontology, despite the fact that the gonial angle (The gonial angle is a term used in anatomy and orthodontics to describe the angle formed by the intersection of the posterior border of the ramus of the mandible and the inferior border of the mandible). The normal range of the gonial angle is approximately 100° to 108° in the general population. Studies have observed that females tend to have a slightly smaller gonial angle, usually 3° to 5° less than males, owing to differences in craniofacial morphology and growth patterns. Does not receive a lot of attention. It is the purpose of this study to investigate the amount of MF that is present, as well as its size, shape, dimensions, and position in relation to body markers that surgeons observe.^[6-8]

MATERIALS AND METHODS

For the purpose of this study, sixty dried adult human mandibles of an unspecified sex with entire teeth and

undamaged alveolar boundaries were acquired from the Department of Anatomy, Dr. VRK Women's Medical College and Research Centre, Aziznagar, Telangana, India. This study was conducted between September 2023 to August 2024. Using a Vernier caliper on both sides, measurements were taken of the mandible's size, shape, location, number of skull foramina, and orientation of the aperture of the mental ass. The form of the observed MF was oval or spherical.

RESULTS

A morphometric study of 60 dehydrated human mandibles showed that each side had a single mandibular foramen; no cases of a second or secondary foramen were seen in this study. The average angle of the mandible that was measured was 128°. In 35.8% of cases, the foramina were round, and in 62.2% of cases, they were oval. The average width across the width was 2.2 to 5.8 mm, with 4.62 mm on the right and 2.35 mm on the left. The average height across the width was 3.10 mm on the right and 2.20 mm. The linear measures of MF in relation to anatomical features are shown in Table 1. [Table 1]

In Table 2, you can see where the skull foramen is in reference to both sets of mandibular teeth. The main foramen was placed next to the teeth on both the right and left sides, and it lined up with the second premolar's lengthwise axis. The least common position was lined up with the first molar. This was followed by lining up with the first premolar. The next least common position was between the second premolar and the first molar, and the third least common position was between the first and second premolar. [Table 2]

Sr. No.	Characteristic	Right Side (in mm)	Left Side (in mm)
1	Symphysis menti distance from MF	24.26	25.78
2	Distance from MF to alveolar margin	15.14	15.63
3	Distance between MF and mandible's lower border	12.33	13.69
4	Mandible ramus posterior boundary distance from MF	66.48	65.88

Sr. No.	Location	Right Side	Left Side
1	In line with the second premolar.	85.37%	83.24%
2	Second premolar to first molar	4.16%	2.68%
3	From first to second premolar	5.53%	4.74%
4	In line with the first molar	2.21%	2.61%
5	Like the first premolar	5.10%	5.27%

Table 3: Compare skull foramen	placement to anatomical markers
--------------------------------	---------------------------------

Sr. No.	Location	Side	Current study
1	Next to the second premolar	Right	85.23%
		Left	83.64%
2	Second premolar to first molar	Right	4.34%
		Left	3.54%
3 First-to-second premolar		Right	6.38%
	First-to-second premotal	Left	4.76%
4	Like the first molar	Right	2.36%
		Left	2.25%

5	5 Like the first premolar	Right	5.36%
5		Left	4.44%

DISCUSSION

It is essential to determine the precise position of the skull foramen in order to properly diagnose and treat issues that are associated with the mandible. Operative operations have the potential to cause damage to the mental nerve bundle, which originates in the skull foramen. This might result in alterations in the distribution of feelings, as well as paresthesia or numbness within the affected area. When the mental canal opens up, the opening is referred to as the skull foramen in clinical anatomy.^[8-10]

The skull foramen is often located between the tips of the first and second lower premolars, where it is described in the majority of the available literature. People in Europe who fall into this category are the only ones who are impacted by it; other groups are not affected.^[10-12] A variety of racial groupings have skull foramen located in a variety of various locations. In British people, the skull foramen was located between the first and second premolars, however in Chinese people, it was aligned with the second premolar during the dental examination. In addition, it was fascinating to observe that the skull foramen of persons of African descent was situated further back than that of people of white descent.^[13-15]

In this investigation, the distance between the left side of the skull and the skull foramen was measured to be 25.43 ± 4.31 millimeters, whereas the right side measured 26.34 ± 4.32 millimeters respectively. The foramen of the skull remained largely unchanged throughout the course of this research project, both in terms of its location and its appearance.^[16-18] The typical distance that separates the symphysis menti and the skull foramen of a group is of critical significance for therapeutic purposes. The skull foramen is typically difficult to locate because there are no obvious anatomical clues to guide one in the right direction. Due to the fact that it cannot be seen or felt, the skull foramen is situated in close proximity to the lower teeth in a situation that is professional.[17-19]

If the patient does not have any reference teeth or if their teeth are positioned incorrectly, it is possible that the skull foramen will not be seen in its usual location while the patient is in a clinical setting. If you are aware of the distance that separates the skull foramen from the symphysis menti, it will be much simpler to locate the appropriate location for it.^[18-20] It was found that the aperture of the brain canal was located behind and above the ear in the majority of people. All of this was consistent with the findings of earlier investigations. During the course of this investigation, the average horizontal widths on the right side and the left side were found to be 4.35 mm and 3.34 mm, respectively.^[19-21]

Not only are these numbers lower than the 5.58 mm that was discovered in Nigerians, but they are also

roughly equivalent to the 2.88 mm that was discovered in South Africans. In this particular investigation, the skull foramen was discovered on the long axis of the second lower premolar and the line of the first molar the majority of the time. According to the findings of other studies, this was consistent with what was discovered concerning Thai, Malay, and Asian Indian communities.^[20-23] During the time leading up to delivery, the skull foramen is located in the alveolar bone, specifically at the middle of the first molar and the primary canine. It has been hypothesized that a delay in the development of the fetus is the reason of placements that are not typical of the majority of cases.^[24-26]

CONCLUSION

Dentists need to be aware of how the position, form, and orientation of the skull foramen alter, as well as the presence of other skull foramina, in order to prevent the mental nerve from being injured during operations involving periodontal disease, dental implants, and endodontics. When a mental nerve block is being performed, the most crucial item to take into consideration is the distance that separates the skull foramen from the bottom edge of the jaw and the alveolar margin.

Sources of funding: None Conflicts of interest: None.

REFERENCES

- Siddiqui AU, Daimi SR, Mishra PP, Doshi SS, Date JY, Khurana G. Morphological and morphometric analysis of mental foramen utilizing various assessment parameters in dry human mandibles. Int J Stud Res. 2011 Jan 1;1(1):19-22.
- Singh D, Patnaik P, Gupta N. Morphology and Morphometric analysis of the mental foramen in dry adult human mandibles from North India. International Journal of Science & Healthcare Research. 2019;4(1):220-6.
- Sankar DK, Bhanu SP, Susan PJ. Morphometrical and morphological study of mental foramen in dry dentulous mandibles of South Andhra population of India. Indian Journal of Dental Research. 2011 Jul 1;22(4):542-6.
- Ravindranadh G, Rao SB, Kommanda RK. Study of mental foramen in dry human mandibles of adult and its significance: an anatomical study. International Journal of Health Sciences. 2022(III):2285-92.
- Rao MJ, Saritha S. A study on the morphometric Analysis of the mental foramen in south indian dry Adult human mandibles. Int J Anat Res. 2017;5(4.2):4590-94.
- Siddikhakhatoon KA, Chelli SB. Morphometric Analysis of the Mental Foramen in Adult Dry Human Mandibles. European Journal of Cardiovascular Medicine. 2022 Oct 1;12(4).
- 7. Sharma N. A morphometric analysis of shape, size and position of mental foramen in dry human mandibles. Trends in Clinical and Medical Sciences. 2021 Jan 1;1(1):1-5.
- McKay C, Tchokonte-Nana V, Mbajiorgu EF. The Mental Foramen in Dry Human Mandibles of Adult South Africans: An Anatomical Study. International Journal of Morphology. 2018 Dec 1;36(4).
- 9. Ilayperuma I, Nanayakkara G, Palahepitiya N. Morphometric analysis of the mental foramen in adult Sri

63

Lankan mandibles. Int J Morphol. 2009 Dec 1;27(4):1019-24.

- 10. Duarte de Queiroz AG, de Paiva Filho MF, Lopes de Medeiros Gonçalves JV, de Melo Câmara Í, de Araújo Deca DK, Dantas de Lucena J, de Sá Braga Oliveira A. Morphological Study of the Mental Foramen and the Accessory Mental Foramen in Dry Human Mandibles in Northeastern Brazil. Journal of Morphological Sciences. 2023 Jan 1;40.
- Hussain SA, Khan MS. Study of anatomical variations of mental foramen in dry adult human mandibles. Scholars Int. J. Anat. Physiol. 2020;3(12):103-7.
- Kasat PA, Muthiyan GG, Bhuiyan PS. A morphological study of mental foramen of the dry adult human mandibles. Int J Anat Res. 2016;4(3):2552-60.
- Bhaskar R, Kumar N, Anjana S, Chandrasekharan V, Aithal A. Morphometric Evaluation of Mental Foramen of Dry Adult Human Mandibles of South Indian Population and Their Clinical Correlation. Int J Anat Res. 2022 Jul 1;10(3):8419-24.
- Hoque MM, Ara S, Begum S, Kamal AM, Momen MA. Study of number, shape, size and position of mental foramen in Bangladeshi dry adult human mandible. Bangladesh Journal of Anatomy. 2013;11(1):7-10.
- Chaudhary S, Ali S, Munjal S, Singh S. Morphometric Analysis of Mandibular Foramen in Dry Adult Human Mandibles in North Indian Population and Its Possible Clinical Implication. Journal of Pharmaceutical Negative Results. 2023 Jan 1:1361-9.
- Kadel M, Sedhain BP, Dangol PM. Morphometric analysis of mental foramen in human dry mandibles of nepalese population. Asian Journal of Medical Sciences. 2016 Oct 31;7(6):82-6.
- Nalbantoğlu AM, Yanık D, Albay S. Location and Anatomic Characteristics of Mental Foramen in Dry Adult Human Mandibles. ADO Klinik Bilimler Dergisi. 2024 Jan 1;13(1):51-8.
- 18. Oliveira Junior EM, Araújo AL, Da Silva CM, Sousa-Rodrigues CF, Lima FJ. Morphological and morphometric

study of the mental foramen on the M-CP-18 Jiachenjiang point. Int J Morphol. 2009 Mar 1;27(1):231-8.

- Kumar VS, Kumar M, Rani S, Anant G, Madhukar PK, Bharti JP, Laxmi V. Mental Foramen Morphometry in Adult Human Mandibles: An Anatomical Analysis. European Journal of Cardiovascular Medicine. 2023 Oct 1;13(4).
- Hoque MM, Ara S, Begum S, Kamal AM, Momen MA. Study of morphometric analysis of mandibular foramen in Bangladeshi dry adult human mandible. Bangladesh Journal of Anatomy. 2013;11(2):58-61.
- Agarwal DR, Gupta SB. Morphometric analysis of mental foramen in human mandibles of South Gujarat. People's Journal of Scientific Research. 2011 Jan;4(1):15-8.
- Zainab H, Sylvia S, Ahmed MK. Study of anatomical variations of mental foramen in dry adult human mandibles and its clinical importance in Karnataka population. Indian Journal of Clinical Anatomy and Physiology. 2020;7(3):327-30.
- Bala SS, Shahdad S, Bashir S. Morphology and morphometry of mental foramen in dry human mandibles. Int J Res Med Sci. 2017 Apr;5(4):1461-3.
- Abozaid SM, Salah MA. Morphometric study of the key foramina for maxillofacial practice in dry adult skulls and mandibles of Egyptian population. MJMR. 2016;27(2):65-77.
- Gherghiţă OR, Csiki IE, Bordea EN, Pellegrini A, Cismaş SC, Motaş N, Nimigean VR, Nimigean V. Morphometric study for determining the anteroposterior position of the mental foramen in dentate human subjects. Romanian Journal of Morphology and Embryology. 2021 Apr;62(2):517.
- 26. Bruna-Mejias A, Nova-Baeza P, Torres-Riquelme F, Delgado-Retamal MF, Orellana-Donoso M, Suazo-Santibañez A, Sepulveda-Loyola W, Valdés-Orrego I, Sanchis-Gimeno J, Valenzuela-Fuenzalida JJ. Morphological Characteristics of the Double Mental Foramen and Its Relevance in Clinical Practice: An Observational Study. Diagnostics. 2024 Jun 17;14(12):1277.